

?Les millors cançons per «desfogar-se»

El portal Poplife crea un playlist de Spotify per quan volem cridar de ràbia



Cançons per cridar de ràbia | Wikicommons

El portal *Poplife* (<http://www.popsugar.com/smart-living/Angry-Songs-Playlist-39907099>) ha creat una playlist de Spotify per "desfogar-se". Segons la seva autora, aquestes cançons són ideals per quan vol "submergir-se en la ràbia i cridar". També confessa que escoltar cançons furioses l'ajuda "a calmar-se i focalitzar les seves frustracions". La llista està composta per 31 cançons d'artistes com Nirvana, Green Day o Kanye West amb titulars tant explícits com "Odio tot de tu" de Three Days Grace, "Trenca Coses" de Limp Bizkit o "Em poses malalta" de Pink. La guanyadora però és "Sh*t Luck" de Modest Mouse.

V?deo: https://www.youtube.com/watch?v=Tmhp_NEH12Y

Aquí hi ha el llistat de cançons.

1. "Sh*t Luck," Modest Mouse
2. "Smells Like Teen Spirit," Nirvana
3. "You Know How I Do," Taking Back Sunday
4. "Basket Case," Green Day
5. "The Futile," Say Anything
6. "Sail," AWOLNATION
7. "Break Stuff," Limp Bizkit
8. "I Hate Everything About You," Three Days Grace
9. "Worst Behavior," Drake

10. "Seventy Times 7," Brand New
11. "I've Had It," Black Flag
12. "I've Been Tired," The Pixies
13. "You Oughta Know," Alanis Morissette
14. "Look Back in Anger," David Bowie
15. "Last Resort," Papa Roach
16. "Hit Me With Your Best Shot," Pat Benatar
17. "I'm Shipping Up to Boston," Dropkick Murphys
18. "Black Skinhead," Kanye West
19. "I Fought the Law," Dead Kennedys
20. "Take Me Out," Franz Ferdinand
21. "Revolution," The Beatles
22. "Drop the World," Lil Wayne Feat. Eminem
23. "You Make Me Sick," Pink
24. "You F*cked Up," Ween
25. "In the End," Linkin Park
26. "You Make Me Sick," Of Mice & Men
27. "Party Up," DMX
28. "Who Gon Stop Me," Jay Z, Kanye West
29. "The Kill," Thirty Seconds to Mars
30. "There's No 'I' in Team," Taking Back Sunday
31. "Enter Sandman," Metallica
32. "The Way I Am," Eminem
33. "Everything Sux," Descendents
34. "Complicated," Avril Lavigne